



COMPETITIVE SINGLES SEMINAR FRIDAY JUNE 5th & SATURDAY JUNE 6th 2026

Comp Elite	
Friday June 5	Saturday June 6
	9:00-9:50am Class - Heather
10:00-10:50am On Ice - Juris	10:00-10:50am Off Ice - Alexis
11:00-11:50am Off Ice - Yvan	11:00-11:50am On Ice - Yvan
12:00-12:50pm Class - Jackson	12:00-12:50pm Lunch
1:00-1:50pm Lunch	1:00-1:50pm On Ice - Yvan
2:00-2:50pm Stretching - Nobahar	2:00-2:50pm Fitness - Jordan
3:00-3:50pm On Ice - Juris	
4:00-4:50pm Off Ice - Yvan	

Comp 3	
Friday June 5	Saturday June 6
9:00-9:50am Class - Jackson	9:00-9:50am Off Ice - Alexis
10:00-10:50am Off Ice - Yvan	10:00-10:50am On Ice - Yvan
11:00-11:50am On Ice - Juris	11:00-11:50am Lunch
12:00-12:50pm Lunch	12:00-12:50pm Class - Heather
1:00-1:50pm Stretching - Nobahar	1:00-1:50pm Fitness - Jordan
2:00-2:50pm On Ice - Juris	2:00-2:50pm On Ice - Yvan
3:00-3:50pm Off Ice - Yvan	

Comp 2	
Friday June 5	Saturday June 6
9:00-9:50am On Ice - Juris	9:00-9:50am On Ice - Yvan
10:00-10:50am Class - Jackson	10:00-10:50am Lunch
11:00-11:50am Stretching - Nobahar	11:00-11:50am Class - Heather
12:00-12:50pm Lunch	12:00-12:50pm Off Ice - Alexis
1:00-1:50pm On Ice - Juris	1:00-1:50pm Theatre - Nobahar
2:00-2:50pm Off Ice - Yvan	
3:00-3:50pm Class - Jeff	

Comp 1	
Friday June 5	Saturday June 6
9:00-9:50am Off Ice - Yvan	
10:00-10:50am Stretching - Nobahar	10:00-10:50am Class - Heather
11:00-11:50am Class - Jeff	11:00-11:50am Off Ice - Alexis
12:00-12:50pm On Ice - Yvan	12:00-12:50pm On Ice - Joanne and Nobahar
1:00-1:50pm Lunch	
2:00 - 2:50 Victoria	



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FRIDAY JUNE 5th & SATURDAY JUNE 6th 2026

	Yvan	
	Friday	Saturday
9:00	Comp 1	Comp 2
10:00	Comp 3	Comp3
11:00	Comp Elite	Comp Elite
12:00	Comp 1	Lunch
13:00	Lunch	Comp Elite
14:00	Comp 2	Comp 3
15:00	Comp 3	
16:00	Comp Elite	
17:00	Coaches	

	Juris	
	Friday	
9:00	Comp 2	
10:00	Comp Elite	
11:00	Comp 1	
12:00	Lunch	
13:00	Comp 2	
14:00	Comp 3	
15:00	Comp Elite	
16:00	Ice Dance	
17:00	Coaches	

	Jackson	
9:00	Comp 3	
10:00	Comp 2	
11:00		
12:00	Comp Elite	
13:00	Coaches	

	Alexis	
	Friday	Saturday
9:00		Comp 3
10:00		Comp Elite
11:00		Comp 1
12:00		Comp 2

	Jordan	
1:00		Comp 3
2:00		Comp Elite

	Jeff	
	Friday	
11:00	Comp 1	
3:00	Comp2	

	Heather	
	Friday	Saturday
9:00		Comp Elite
10:00		Comp 1
11:00		Comp 2
12:00		Comp 3

	Joanne	
	Friday	Saturday
9:00	Comp 1	
10:00	Comp 1	Comp 1
11:00	Comp 1	Comp 1
12:00	Comp 1	Comp 1
13:00	Comp 1	
14:00	Comp 1	
15:00	Comp 1	

	Nobahar	
	Friday	Saturday
10:00	Comp 1	
11:00	Comp 2	
12:00		Comp 1
1:00	Comp 3	Comp 2
2:00	Comp Elite	

	Victoria	
	Friday	
2:00	Comp 1	